



A Course In Business Miracles® would like to share:

The Order Form To The Universe

"Joy and peace are your inheritance."
- A Course In Miracles

Hey There! It's **Heather Dominick**, creator of www.businessmiracles.com and founder and leader of the **Highly Sensitive Entrepreneur® (HSE®)** movement since 2010.

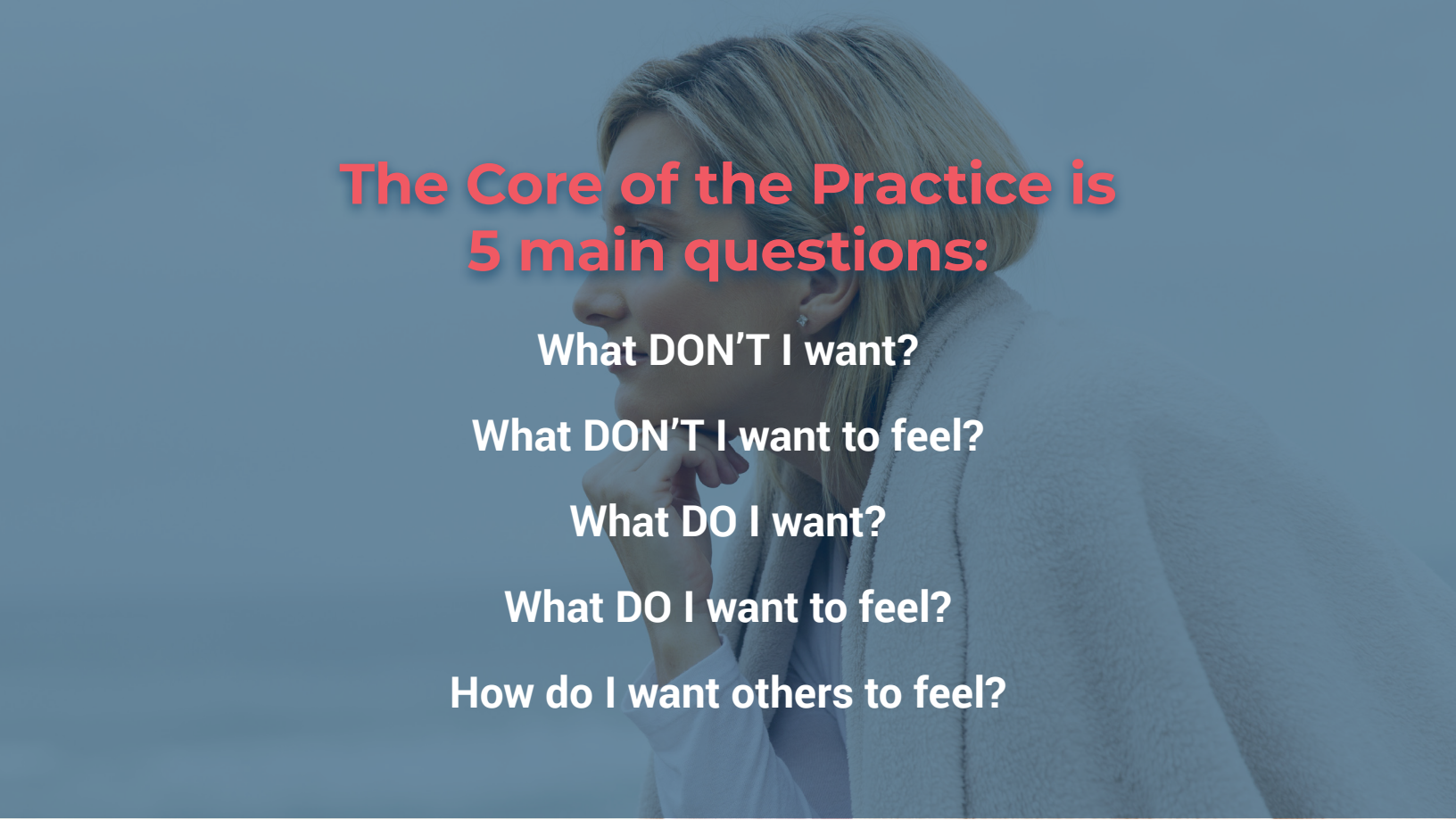
I'm so excited to share the most important and powerful tool – **The Order Form to The Universe** (lovingly referred to as the OFTU in the Business Miracles Community) - with you!

I created this tool over 13 years ago when I first started my business to help me cut through all the confusion that was taking over my brain and to keep me from what felt like drowning in overwhelm. **You know the questions**, "What do I do first?" "What do I say to that prospect?" "How do I make this whole business thing work?" And more just like that ...

– and I've been using it ever since. Seriously.

I've also shared it with literally thousands of other Highly Sensitive Entrepreneurs (HSEs) **who all give me the same feedback: "Thank you. This has saved my business and my life."**

It's a simple practice that has a profound effect.



The Core of the Practice is 5 main questions:

What DON'T I want?

What DON'T I want to feel?

What DO I want?

What DO I want to feel?

How do I want others to feel?

The sequence of these questions is extremely important: the first two questions help you clear your mind and energy. The third and fourth create focus and the fifth question is the power question that brings it all together.

I highly recommended that you write both the questions and your answers to the question out on paper (or at least type them) not just “think them”. Really go stream of consciousness; let it all out.

Watch how your ego-mind wants to block you with “Shoulds”, “Have tos” or “Hows”. Ask the ego-mind to kindly wait outside and stay with the practice.

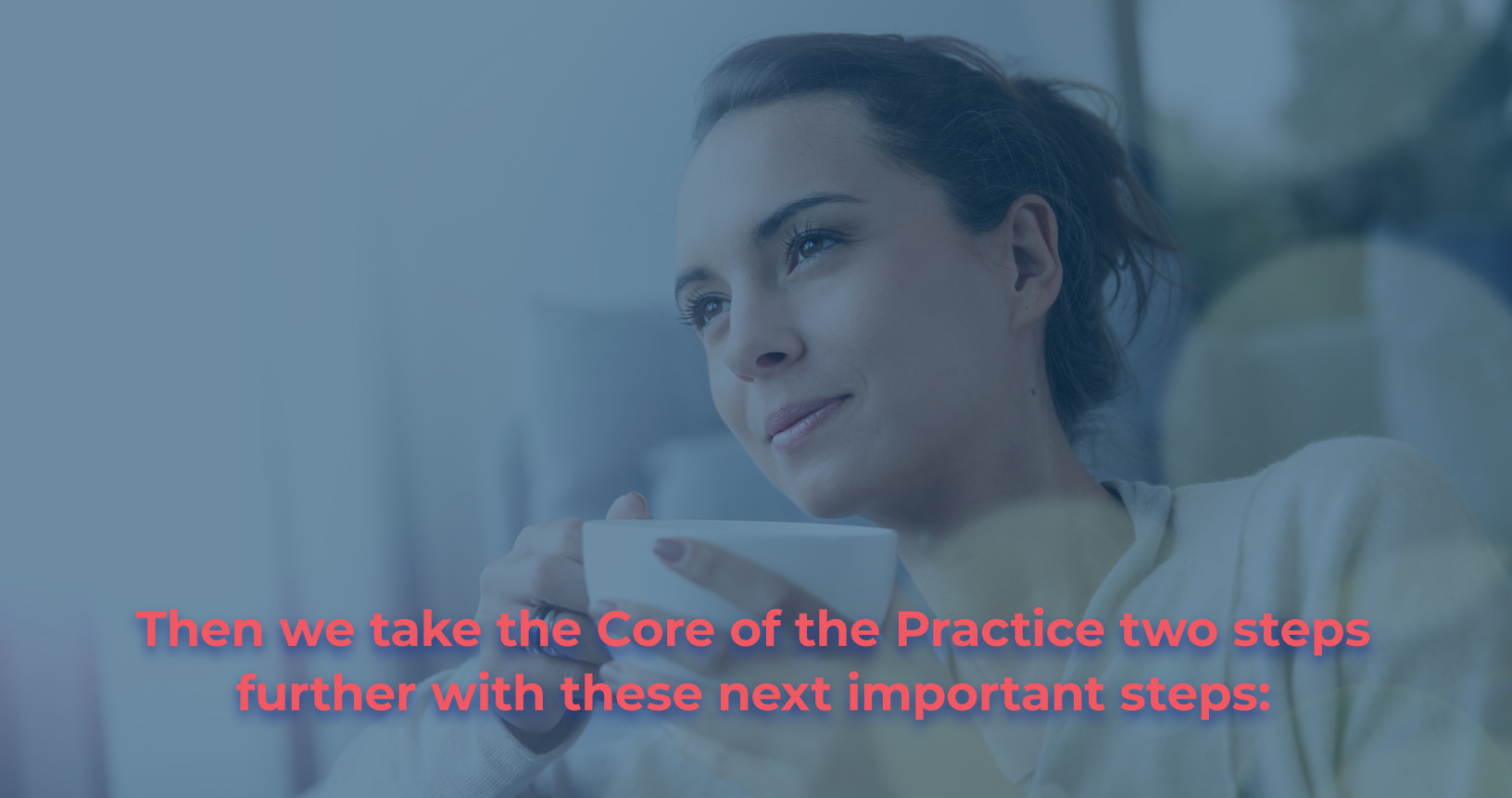
You can put together an OFTU for anything that you're confused about.

Anything that has you in a state of confusion or overwhelm, any major decision or minor – nothing's too big or small for an OFTU.

I like to write at the top of the page “OFTU:” and then I'll identify what this OFTU is about. **For example, maybe it's an OFTU for my 3 o'clock prospect call.** When it comes to that prospect call:



1. I'll just write out everything that I don't want to have happen on that call. For example:
 - ❖ the person to call in late
 - ❖ any technical difficulties
 - ❖ a person who is angry and doesn't take personal responsibility
 - ❖ a person who gives short, surface answers to my questions
 - ❖ etc.
2. Then I'll write out everything I don't want to feel during that call. For example:
 - ❖ over-responsible
 - ❖ disconnected
 - ❖ uncertain
 - ❖ frustrated
 - ❖ overwhelmed
 - ❖ etc.
3. Then everything that I do want to happen during that call. For example:
 - ❖ call to happen on time
 - ❖ easy connection
 - ❖ an open, appreciative person
 - ❖ a deep connection and conversation
 - ❖ etc.
4. And everything I do want to feel. For example:
 - ❖ excited
 - ❖ connected
 - ❖ divinely guided
 - ❖ confident
 - ❖ supported
 - ❖ etc
5. And then, how I want the other person to feel during that call. For example:
 - ❖ appreciative
 - ❖ open
 - ❖ possibility
 - ❖ willingness
 - ❖ a divine answer to a prayer
 - ❖ etc.



Then we take the Core of the Practice two steps further with these next important steps:

I'll then identify my next inspired action.

So continuing with the prospect call example from above for example:

- ❖ Test my phone line, get a glass of water, breathe deep, pray

Final step: Give Gratitude

Again continuing with the prospect call example from above:

- ❖ Thank you, God, Angels and Great Ones (or insert words/names that work best for you such as Universe, Spirit, etc.) for bringing me this prospect connection. Thank you for giving me the thoughts to think, the words to speak and the actions to take. I am so very grateful. Thank you.

I use the OFTU constantly and consistently.

I have been using it for years. I have put together OFTU's in pretty journals, I have put together OFTU's on restaurant napkins, I have put together OFTU's on toilet paper and I have put together OFTU's on the notepad of my iPhone, even though that is not the most ideal choice.

So there is no right time or place to use the OFTU. **You can use it immediately for a one-time need** (that's how the whole toilet paper issue came about. I just needed some space, went into the bathroom, took a pen out of my bag and wrote on some toilet paper.)

And, **you can also use it ongoing.** I have also used the OFTU as a consistent tool every morning to support me with pro-actively staying out of the HSE Shadows of confusion and overwhelm BEFORE they even have a chance to try to come in and take me out.

And the result is always the same – MIRACLES. An opening is created by clearing and calming my energy and then miraculous opportunities come to me from out of the blue, stressful situations are more ease-filled, new ideas and insights come to me. **I viscerally experience the Universe delivering my order.**

And it's the same for all of my clients and community members. Again, they all give me the same feedback: "Thank you. This has saved my business and my life."

Ok, now it's your turn. :) **I recommend you begin with the OFTU template provided for you below** and then use as needed wherever and whenever!

Here's to staying out of your HSE Shadows, stepping into your HSE Strengths and experiencing Business Miracles® on a daily basis.

XO. Heather



Order Form To The Universe Success Stories

"I had a presentation that I was really nervous about because it was the biggest group I had spoken to. And, before the event, I felt myself really stepping into the HSE shadows of overwhelm, perfectionism (being so afraid of making a mistake and wondering if I did, what people would think of me), and self-criticism (telling myself that I wasn't enough to do this presentation). So, then, **I went to the OFTU tool and after using it, I felt so much more clear and confident about the presentation. I also really was able to connect into my HSE strengths of intuition and creativity** which served me in making the presentation fun and being present with the audience!! I rocked the presentation and everyone loved it - but, I can absolutely guarantee you that if I didn't have a tool to manage my HSE shadows, that presentation would probably have gone differently!"

Jessica deCsesznak, InsPOWERed Coaching, Lakewood, CO

"Before the OFTU, I would push through my day and hope for the best – often overworking and wondering what I had actually accomplished by the time I went to bed. **Now, I start my day with an OFTU and gain immense clarity on exactly what needs to happen to create what I desire, and I get it done with a lot more ease and flow.** My business is bringing in more income while I take more and more time off with my family. The OFTU is a manifestation tool I will never go without again!"

Stephanie Bonte-Lebair, Expert Vocal Coach, Gaithersburg, MD

"The OFTU has become my secret weapon to go from overwhelm, confused and stuck on something to clarity and feeling re-connected with my intuition and my personal power. For example, I used to start everyday feeling completely overwhelmed - there was always so much to do in my business! Now, that the OFTU has become a regular part of my morning practice **I start my day with simple action steps that came out of using this tool and feel clear, calm and connected.**"

Jessica Procini, Emotional Eating Coach and Founder of Laugh Yourself Skinny®, Philadelphia, PA

"I love the Order Form To The Universe! **I've been having more meaningful conversations with Universe (my divine team of non physical rock stars) since downloading it** and even though Heather has shared this with me before (and I've used it with great results) I forgot... not only how to tune in to my clarity this way, but I also forgot how powerful these meaningful conversations can be. Heather's free Tool, reminded me, connected me and reassured me of how powerful we really are. I'll be working with the OFTU over the next weeks, getting back into alignment with my divine self and I'll keep you posted on my progress. Thank you Heather so much for being you.

Also, one thing I DID do since downloading the A Course In Business Miracles OFTU and feeling it's power, is experience a boost in my confidence. I had been putting off doing a Facebook Live (for all sorts of not good enough reasons) and yesterday, I just went for it, (using this tool) and although I felt a little like a rambling fool, I did it. (Thank you for that!) My video was only 3 minutes long, but the experience itself totally helped me feel more confident. I'll be using The OFTU before every broadcast from now on!"

Stephanie Kathan, Mind Grow Radio, EnergyWorksWITHMe, Wilmington, VT

The Order Form To The Universe Template

Intention: To create calm and clarity from chaos and confusion

Order Form To The Universe Focus:

What Don't...

I want:

I want to feel:

What Do...

I want:

I want to feel:

How Do I Want Others To Feel:

Next Inspired Action:

Give Gratitude:

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Mentoring For Highly Sensitive Entrepreneurs