

A COURSE IN
Business *Miracles*®

Mentoring For Highly Sensitive Entrepreneurs

**A Course In Business Miracles Podcast
Episode 78**

**HSE Feature with Chief Creative
Financial Officer and Spiritual Channeler,
Inga Thengilsdottir**

Transcript

Heather: Welcome to A Course In Business Miracles. This is Heather Dominick, creator of www.BusinessMiracles.com and founder and leader of the Highly Sensitive Entrepreneur movement since 2010. Join me today for some genuine practical assistance and a business altering and life changing experience, A Business Miracle.

This is A Course in Business Miracles Episode number 78, HSE Feature with Chief Creative Financial Officer and Spiritual Channeler, Inga Thengilsdottir. Welcome to this Business Miracles HSE Feature Episode. I am just so excited to be featuring Inga Thengilsdottir as a member of the Business Miracles Community and as a successful Highly Sensitive Entrepreneur.

Inga, as she so generously allows me to call her, aside from being a valued member of the Business Miracles Community, is Chief Creative Financial Officer and an international spiritual speaker and mentor in Spiritual growth and Spiritual Channeling.

She lives in Reykjavik Iceland where she shares her abilities between her work as a Chief Creative Financial Officer and Owner of a joint business with her husband Jon Johannsson and her own business The Miracle Messenger where she supports highly sensitive people in transforming their lives. She is an expert in showing people the way through their personal blocks into manifesting a life of joy and fulfillment.

You will want to listen in as I talk with Inga about how she went from not even knowing what the word entrepreneur meant to earning \$1 million dollars in just one year.

It is such an honor to be a part of Inga's HSE journey, and I'm just so pleased to be sharing this episode with you today.

Inga, welcome.

Inga: Hi. Thank you.

Heather: Right. I'm so happy to be talking to you in this way today.

Inga: Yeah, I'm so excited. This is like my first time so it's so exciting.

Heather: Yeah, it really is. And I would love for you to start us off if you could just say your full Icelandic name because you're always so generous in allowing myself and other Business Miracles members to call you Inga but that is not your full name. So please share with us your full name.

Inga: My full name in Icelandic is Ingibjorg Thengilsdottir.

Heather: Oh my gosh, so beautiful.

Inga: I'm the only one in Iceland that has that name.

Heather: Of course, you are. And I love that you can say that.

Inga: Yeah me too. That's why I say it.

Heather: Yes, yes, you absolutely should. So let's start off just by letting listeners know that you are in the Business Miracles Eminence Mentoring Program. And you and I have been mentoring together for five and a half years now and so I would love for you to just share a little bit more about how you and I first connected. And as part of that how you discovered that you were a Highly Sensitive Entrepreneur.

Inga: Yeah, it was in 2014 and I received an email where a friend of yours was introducing a 21-Day Series that you were having and just because your business Heather is called A Course In Business Miracles. I just connected so deeply with the miracle part and I thought okay, I'm going to sign up for this series and that's what I did. So on the 11th of March, 2014 I sat in my living room listening to you telling me and everyone else that was listening the story of what happened in your life when your mother passed when you were a teenager. And I actually still start to cry a little bit when I remember that because it touched me so deeply and just when I had voice, I just like, Oh, I'm going to get to know this lady no matter what.

Heather: I love that. I love that so much. And that was such a powerful series. I loved delivering that series. It was really just this really powerful point for myself and my own journey, but for many others. And I'm so touched to hear that it was for you at that time too. And I'm so glad that we connected in that way and that we connected at that time and that we are still connected and then all the ways that we've had to really grow since then.

So I'd actually love for you to share. Since that time what difference has our connection and mentoring made for you? And also as part of that, big part of that, what difference has it made for you to understand and know that you are a Highly Sensitive Entrepreneur?

Inga: Well, it has changed me on every level in my life. It really doesn't matter what I'm doing, where I'm going, what's happening. I use the teachings all the time. And to be a Highly Sensitive Entrepreneur I of course, didn't even know what entrepreneur means. I didn't even know the meaning of the words but first I still worked with you and even the connection to me and what I'm doing.

Inga: And it was such a huge relief when I started to be really connecting with the teachings to be able to use the energy management tools to support me on my travels to go and to see you and be part of the hive and the group that we have in Business Miracles.

And then if we just take the travel bit that's just like, Oh my God. I traveled the alone from Iceland to Phoenix in Arizona to be at a two day bonus weekend with you. And I mean I did that but then I would say the only reason that I was capable of making that travel happen was that I had the tools that you have given to me and it took me days and days to prepare just like emotionally and I did it, I went and everything was just like a one big, huge miracle from the beginning to the end. And actually I could create great story into every aspect of my life. So much has changed.

Heather: Oh my gosh, there's so much that's really powerful that you just shared that I would love to highlight. So first I just really appreciate that you just shared that when you and I first connected and you heard the phrase, "Highly Sensitive Entrepreneur," that for yourself you didn't really connect to the meaning of entrepreneur. And I really appreciate that because I hear a lot that when Business Miracles members first connect with myself and my teachings that maybe they hadn't yet fully identified themselves as highly sensitive. But I haven't heard from anybody in regards to entrepreneur.

And I really again appreciate that and it makes sense because one is the acknowledgement, right? That English is not your first

language. So this really speaks to the additional lengths that you go to engage in the teachings and same for our other Business Miracles international members. And so I want to really acknowledge that. And then also just what it means to be an entrepreneur to be someone who's self-employed. That is a step right?

Inga: Yeah

Heather: Of really claiming that for oneself. So, that's really powerful. Yeah.

That's exactly why I wanted to highlight it because I'm sure you're not the only one, right? There's so many of us HSEs who are gifted at the work that we do in whatever capacity it provides in regards to healing support or other service to our clients. But the important step of really claiming... Wait a minute this is a business that I am in. I can be service oriented and also really own what it means to own and operate a business.

Inga: Yeah, absolutely.

Heather: Yeah, yeah.

Inga: And it was a huge thing and it still is.

Heather: So great.

Inga: I know what it is now.

Heather: Yeah, yeah. Boy do you ever? Absolutely. And we'll talk more about that in a minute. But I also want to highlight that you spoke about the travel and the first time that you had traveled from Iceland and to, as you said, a two day bonus retreat that I was offering that I hosted in Phoenix, Arizona at the time.

And to really acknowledge that was a big deal. One, it's a great amount of travel. And two, that's something that can really inhibit a lot of Highly Sensitive. We talk about that a lot in the Business Miracles community. How to really be able to set ourselves up to travel successfully, to travel in a way where we don't have to be negatively impact in regards to our highly sensitive nervous system. But we can set it up so that it is a successful and as you said even miraculous experience.

But also to just really highlight again international travel going to a different country having to go through customs. And there's again so many Business Miracles international members who do this and the difference in size between the size of Iceland as a country where you are literally the only person with your name to the massive United States.

So I just really appreciate you speaking to that because I think it's a beautiful highlight and demonstration of the power and empowerment that does come out of the teachings that what you once thought that you couldn't do as a highly sensitive, suddenly you are doing and you are doing it with grace. So thank you so much for speaking to that.

So let's speak a little bit more to the entrepreneurial part and how far you have come from five and a half years ago not really knowing what that word was or if it really applied to you to where you are now.

And I'd like to talk about your role in your joint business with your husband, Jon, who's such a wonderful man and I've had the opportunity to really get to know over the years and the work that you do together to speak about that joint business first. Because especially over this past year, we've really been focusing so much on you stepping more and more into the leadership of your co-ownership of that joint business. So I'd love for you to talk about the impact that the tools and your growth has had specifically on the financials of that joint business.

Inga: Yeah, I would say that for me to step in and take charge at the beginning of the year 2018 because it was quite clear that the employee we had that was supposed to be doing that job wasn't doing it. By itself was just like a huge step for me to step in and just hand out to her a letter telling her she had to leave our business and of course that was really difficult but I did a lot of work around that and from there to just take her seat and sit down and realize that I had to redo most of her work from the last three years.

And then on top of that being a supportive person for my husband in the business. And together we had our biggest year in 2018. When I realized that was happening, I was just like, "What?" And we going through all this shit? Sorry. But I mean it

was just like, "What's going on?" And it was just that for the first time in my life, I just like, "What?" I asked it, asked the finance and fastness of the business.

I was in charge of that and I just put everything in order. I found a new employee that is now so valuable and so supportive and doing the job exactly as I want it to be done. And last year we had for the first time we had over 110 million Icelandic krona in our business and that was like for the first time we went over that 100 million mark, which is really like \$1 million.

Heather: So it's so great.

Inga: Yeah, yeah. And it's just like when we realize that at the end of December last year, that this was happening, we were just like sitting looking at each other and said, "Oh wow, is it, really?" And I actually checked I think three or four times.

Heather: Yes.

Inga: And this year has actually been really, I've been checking every three months and it's 5% increase every month this year.

Heather: Fantastic.

Inga: So we are not... Yeah. We are not only holding our ground for last year that we're acting on this year.

Heather: Yes, yes. So fantastic.

Inga: Yeah. And in spite of, a big airline crashed, went into bankruptcy 1000 people was laid off. And we have had more companies going in the tourist business since then and a lot of our customers are in that line of business.

Heather: Yes, yes.

Inga: So, I mean, and we even hired one more employee this year. I mean, so it seems to be like we just sit there and look at it sometimes and we hardly believe it ourselves.

Heather: Fantastic.

Inga: This is happening.

Heather: I mean, really. Yes. It's such again a beautiful demonstration of the the work that you have done because these really are Business Miracles that we're speaking about. And so there's some additional pieces in terms of what I know and the work that you've done that I would really like to highlight about this.

One is to highlight that your role in the joint business is the financials and I see that this is so valuable because you are not only a spiritual person but you are a spiritual channeler and leader. And the ability that you have to also really be able to manage the numbers and support of the financials isn't something you had really claimed for yourself before we started mentoring together.

You did the work and you always did it well, but this element that you chose of claiming in 2018 as you spoke about. Really I see had a direct impact and contribution to what the joint business was able to create and the way that you have also really focused on bringing the meaning the spiritual aspect of who you are into this joint business has contributed to these miracles where in a small country when other businesses are impacted, there can often be a domino effect.

Inga: Yeah, yeah. Well I have to say you're absolutely right Heather.

Heather: It's true.

Inga: It's true. I so love what I do now and it's just what I have done over the last two years in the joint business it's now supporting me in being able to take a little bit more time for the spiritual side of me. And I so appreciate that because I mean the joint business is our lifeline and it is the main source of income for our life and to be able to have really just to go back in there, I had almost left that business I hadn't been a part of it for like almost three years and to come back and I mean it was also a humbling experience, if you know what I mean.

It's just like why do I have to go back? Do I really have to do this or can't somebody else? And then just realizing that it's just like the Scullery Maid or the Entitled Queen speaking. It was just like me, like a Regal Queen stepping into the business wasn't always easy and it took a lot of work to stay in that element and with the support of the teachings and of course with the support I had in the Eminence hive, the group, and with you to have

personal calls with you every month, being able to lay everything on the table that is needed to be taken care of and follow, I mean, you've seen me, I just like follow my steps even throughout one day I have steps.

Heather: That's right.

Inga: I mean, correct bookings for three years and eight months. I mean, that was a lot of work.

Heather: Yes, yes. And you have done it so gracefully and from that Regal Queen position as you've spoken about. So just all so incredibly powerful. And as we get ready to wrap for today, I'm sure there's other Highly Sensitive who are listening and perhaps are thinking, "Well that's great that Inga could do that but I just don't see how that could occur for me." So I would love for you to share just any advice that you have for other HSEs and what you have to share that will support them in being able to step into whatever their Regal Queen position is meant to look like and be for them.

Inga: Yeah. Well, yeah, absolutely. And let's just be very clear. The Regal Queen is the center is the core and that's what you have taught me Heather is just like put... I just like even I'm in an airplane let's just continue with that. Because you started to talk about travel I'm in an airplane and the airplane starts to move in a way we don't always like.

And I just put my left hand on my heart and then I remember, yeah, the Regal Queen lives in the heart and the Regal Queen is going to be absolutely fine throughout this bumpy ride. It's not going to be anything hurtful. It's going to be easy. And what... And this is where the teachings have brought me, of course, this is taking a lot of practice.

It did not happen in a one day. It's means that I have done the work I've done the energy management, I've done... I've been vulnerable. I've been in the seat and I've been in the clouds and everywhere in between, but coming to this place of my heart, that is the real thing. That's where the peace is. That's where the fulfillment is. That's where you are told the truth. The truth is in your head.

Heather: Right, right. And that is such a skill for us to be able to master as HSEs and to be able to operate our businesses confidently from that place and also to be able to design our life from that place, which is the ultimate experience for who we are as Highly Sensitive Entrepreneurs. So Inga where can listeners find out more about you and the incredible success that you are creating and the work that you are bringing to the world as a Highly Sensitive Entrepreneur?

Inga: Okay. So my business is called The Miracle Messenger and I have a website that is the miraclemessenger.com. And I'm also on Facebook as The Miracle Messenger.

Heather: Beautiful, the miraclemessenger.com so make sure that you check out Inga and the work that she is doing and in addition to being a masterful creative financial officer in her joint business she is an extremely talented spiritual channeler. Inga thank you so much for sharing so beautifully and in such a heartfelt way during our conversation today. I've so enjoyed this HSE Feature with you.

Inga: Thank you. I so appreciate that. And it was actually a lot of fun.

Heather: Yay, wonderful. We often discovered that what we think perhaps might be challenging or difficult as an HSE when you put the Business Miracles tools to work, is actually fun. Yeah. All right. Beautiful. So thank you everyone and thank you for listening. Thank you for being a part of our conversation today. And until next time.

Thank you for listening and I hope you enjoyed this episode of A Course In Business Miracles. If you're ready to learn how to use your highly sensitive abilities to support your in being purposeful, profitable and empowered rather than scattered, poor and undervalued, take my free self quiz to find out if you are indeed a Highly Sensitive Entrepreneur. And if you are, along with your quiz results, you'll receive my free HSE Success Guide, which will teach you how to have your highly sensitive abilities working for you to create the results you desire in your business.

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